

Team Fit proudly offers morning and evening fitness classes at.....

Xtreme Fitness in Chesterfield Township

(Conveniently located at M-59 and I-94)

Adjacent to Wal-Mart

Kickboxing
Sculpting
Core -
Conditioning
Circuit Training
Personal/Small
Group Training
Step Aerobics

NO GYM MEMBERSHIP REQUIRED

Day Care Available (\$3/child)

Pilates
Prenatal Class
Boot Camps
Power Cycle
Yoga
Zumba
Tai Chi



(586) 709-2194; www.teamfitcorp.com

**\$10.00
OFF**

Sign up for any of our classes and receive \$10.00 off your total enrollment. Can be used with other discount program. Coupon must be present at the time of registration. Can be used towards classes or supplements. Some exclusions apply, call for more details. Offer good to new clients of Team Fit only. Expires: December 31, 2009.